



## NPC Care Team's List of Resources

*Disclaimer: This list is provided for informational purposes only and may not be an exhaustive list of resources available. Neither the CARE Team nor Northland Pioneer College endorse any organization listed below or their views, nor does the inclusion of any organization on this list guarantee availability of services or accuracy of information provided by that organization.*

**ACADEMIC SUPPORT**  
**ALCOHOL & DRUG ABUSE**  
**DOMESTIC ABUSE & SEXUAL VIOLENCE**  
**FINANCIAL ASSISTANCE**  
**FOOD INSECURITY**  
**LGBTQ+ SUPPORT**  
**MENTAL HEALTH ISSUES**  
**PARENTING SUPPORT**  
**SENIOR SUPPORT**  
**VETERAN SUPPORT**

### ACADEMIC SUPPORT

**Name:** NPC Academic Advising

**Website:** <https://www.npc.edu/advising>

**About:** Advisers provide help with exploring career options, degree requirements, choosing courses, etc.

**Contact:** See website for local numbers

**Name:** NPC Office of Accessibility and Inclusion

**Website:** <https://www.npc.edu/oai>

**About:** Provides support services for NPC students with disabilities.

**Contact:** Catherine (Kate) Buckhorn, (928) 536-6246, [Catherine.Buckhorn@npc.edu](mailto:Catherine.Buckhorn@npc.edu)

**Name:** NPC Tech Hubs

**Website:** <https://www.npc.edu/tech-hub>

**About:** Tech Hub aides provide help with Zoom, WebEx, Moodle, Microsoft Office, Google Suite, and library database research.

**Contact:** Luann Crosby, [Techhub@npc.edu](mailto:Techhub@npc.edu)

**Name:** Tutor.com

**Website:** Check your course's Moodle page for a direct link

**About:** Provides FREE one-on-one tutoring for many subjects through online chat.

**Contact:** See above

## **ALCOHOL & DRUG ABUSE**

**Name:** Alcoholics Anonymous

**Website:** <https://www.aa.org/>

**About:** Nonprofit organization which provides information and support for individuals struggling with alcoholism.

**Contact:** <https://aachats.org/> (for online chat and meetings)

**Name:** National Institute on Alcohol Abuse and Alcoholism

**Website:** <https://www.niaaa.nih.gov/>

**About:** Government agency providing information about alcohol abuse and finding support.

**Contact:** See website to find local resources

**Name:** Substance Abuse and Mental Health Services Administration

**Website:** <https://www.samhsa.gov/>

**About:** Government agency providing information about and help finding resources for substance abuse and mental health, as well as a free 24/7 hotline.

**Contact:** 1-800-662-HELP (4357)

See <https://findtreatment.samhsa.gov/locator> to find local resources for substance use and behavioral health.

See <https://store.samhsa.gov/> for hundreds of (free) infographics and guides about various mental health and substance abuse issues.

**Name:** University of Arizona Center for Rural Health - substance use consumer guide

**Website:** <https://crh.arizona.edu/>

**About:** Contains a list of local (Apache and Navajo County) peer support organizations, outpatient services, treatment services, and other programs for helping with substance use problems.

**Contact:** See Website for details

## **DOMESTIC ABUSE & SEXUAL VIOLENCE**

**Name:** Alice's Place

**Website:** <https://alicesplace.org/>

**About:** Local shelter for victims & survivors of domestic violence in Winslow

**Contact:** <https://alicesplace.org/contact/>; 928-289-3003 or 1-888-531-7233

**Name:** Ama Doo Alchini Bighan, Inc (ADABI)

**Website:** <https://www.adabihealingshelter.org/>

**About:** Local nonprofit organization providing help and services for victims & survivors of domestic violence, sexual assault, family violence and dating violence in Chinle, AZ.

**Contact:** <https://www.adabihealingshelter.org/contact/>; (928) 674-2111/2112

**Name:** Arizona Coalition to End Sexual & Domestic Violence

**Website:** <https://www.acesdv.org/>

**About:** Nonprofit organization providing information and help to victims & survivors of sexual or domestic violence

**Contact:** [Info@acesdv.org](mailto:Info@acesdv.org), 1-800-782-6400 or 602-279-2900, Text 520-720-3383

**Name:** Arizona Department of Child Safety

**Website:** <https://dcs.az.gov/>

**About:** Provides information about keeping children safe, foster care and adoption, and child protective services

**Contact:** <https://dcs.az.gov/about/contact>, Arizona Child Abuse Hotline: 1-888-SOS-CHILD (1-888-767-2445)

**Name:** Centers for Disease Control and Prevention

**Website:** <https://www.cdc.gov/violenceprevention/>

**About:** Government agency providing information and help finding resources related to child abuse and neglect, elder abuse, intimate partner violence, sexual violence, suicide, and more.

**Contact:** <https://www.cdc.gov/cdc-info/index.html>

**Name:** Childhelp, 24/7 National Child Abuse Hotline

**Website:** <https://www.childhelp.org/>

**About:** Provides information about preventing and finding help for child abuse

**Contact:** 1-800-4A CHILD (1-800-422-4453 - call or text)

**Online chat:** <https://www.childhelp.org/childhelp-hotline/>

**Name:** Coalition for Family Harmony

**Website:** <https://thecoalition.org/>

**About:** Nonprofit organization that provides information to victims and survivors of family violence and free, confidential, 24/7 hotline. Also provides services out of California.

**Contact:** [admin@thecoalition.org](mailto:admin@thecoalition.org), 24/7 Hotline, 1-800-300-2181

**Name:** National Domestic Violence Hotline

**Website:** <https://www.thehotline.org/>

**About:** Provides free, confidential, 24/7 information and emotional support for survivors of domestic violence

**Contact:** 1-800-799-SAFE (7233)

Teletypewriter: 1-800-787-3224

**Name:** National Indigenous Women's Resource Center

**Website:** <https://www.niwrc.org/>

**About:** Native-led nonprofit organization providing information and help related to violence against Native women and children

**Contact:** <https://www.niwrc.org/contact-us>, 1-855-649-7299 or 406-477-3896

**Name:** National Sexual Assault Hotline / Rape, Abuse, and Incest National Network

**Website:** <https://www.rainn.org/>

**About:** Provides information and support for victims & survivors of sexual violence; also provides a free, confidential, 24/7 hotline that can help callers find free services

**Contact:** 1-800-656-HOPE (4673)

**Online chat:** <https://hotline.rainn.org/online>

**Name:** Planned Parenthood

**Website:** <https://www.plannedparenthood.org/>

**About:** Provides information and help with birth control, health exams, LGBT issues, pregnancy, sexually-transmitted infections

**Contact:** 1-800-230-PLAN (7526); Text PPNOW to 774636

**Online chat:** <https://www.plannedparenthood.org/online-tools/chat>

**Name:** Strong Hearts Native Help

**Website:** <http://strongheartshelpline.org/>

**About:** 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native American and Alaskan Natives, offering culturally-appropriate support and advocacy.

**Contact:** Call or text 1-844-7NATIVE (1-844-762-8483)

**Online chat:** <https://www.thehotline.org/get-help/>

**Name:** Tohdenasshai Committee Against Family Abuse in Navajo, Apache, Coconino & San Juan (Utah) Counties.

**About:** Local Nonprofit organization providing shelter for victims & survivors of domestic violence/ sexual violence and occasionally the homeless in Navajo, Apache, Coconino & San Juan (Utah) Counties.

**Contact:** 24 Hr. Toll free Crisis Hotline: (24/7) 1-877-697-8591 or 928-697-3635

## **FINANCIAL ASSISTANCE**

**Name:** Arizona Department of Economic Security

**Website:** <https://des.az.gov/>

**About:** Provides assistance with food, healthcare, utilities, homelessness, unemployment, childcare, and more

**Contact:** See website for online applications

1-877-600-2722 (for questions about unemployment)

1-855-432-7587 (for questions about nutrition, cash, or medical assistance)

**Name:** Arizona Department of Housing

**Website:** <https://housing.az.gov/>

**About:** Provides information about assistance available to homeowners and renters (including issues with mortgages, foreclosures, down payments, evictions)

**Contact:** <https://housing.az.gov/about/contact-us>, 602-771-1000

**Name:** Arizona Food Bank Network

**Website:** <https://azfoodbanks.org/>; <https://azfoodbanks.org/get-food/> (to find local help)

**About:** Provides a list of food banks and food assistance programs in Arizona

**Contact:** [info@azfoodbanks.org](mailto:info@azfoodbanks.org), 602-528-3434

**Name:** Arizona Health Zone

**Website:** <https://www.azhealthzone.org>

**About:** Helps families in low resourced communities in Arizona to be healthy and active. Also, provides a list of schools offering free meals to children and teens

**Contact:** <https://www.azhealthzone.org/collaborators/contact-us/>

**Name:** Emergency Broadband Benefit Program

**Website:** <https://getemergencybroadband.org/>

**About:** Federal program that provides temporary discounts on monthly broadband bills for low-income households

**Contact:** <https://www.usac.org/about/contact-usac/>

**Name:** Flagstaff Family Food Center

**Website:** <https://hotfood.org>

**About:** Organization that provides food to individuals in need in Flagstaff, AZ, including food bank, mobile pantries, and home deliveries

**Contact:** [Info@hotfood.org](mailto:Info@hotfood.org), (928) 526-2211

**Name:** Indian Health Service

**Website:** <https://www.ihs.gov/>

**About:** Government agency that provides information about healthcare and other services for American Indians and Alaska Natives

**Contact:** <https://www.ihs.gov/findhealthcare/> (to find local health services)

**Name:** K'é Infoshop

**Website:** <https://keinfoshop.square.site/>

**About:** Local charity serving the Navajo Nation from Window Rock

**Contact:** [Keinfoshop@protonmail.com](mailto:Keinfoshop@protonmail.com), 505-552-2533

**Name:** Navajo & Hopi Families COVID-19 Relief Fund

**Website:** <https://www.navajohopisolidarity.org/>

**About:** Provides help to Diné and Hopi families affected by COVID-19

**Contact:** 1-833-956-1554 or 928-380-4955

**Name:** Northern Arizona Council of Governments

**Website:** <https://nacog.org/>

**About:** Regional organization for Northern Arizona which provides assistance with housing, rental payments, utilities, and other services

**Contact:** <https://nacog.org/current-locations/> , (928) 774-1895

**Name:** NPC Financial Aid Office

**Website:** <https://www.npc.edu/financial-aid-scholarships>

**About:** Provides information about grants, scholarships, FAFSA, etc.

**Contact:** [Financialaid@npc.edu](mailto:Financialaid@npc.edu), (928) 524-7318

**Name:** Office for Victims of Crime

**Website:** <https://ovc.ojp.gov>

**About:** Government agency that provides information about and financial compensation for victims of crime (including elder abuse, fraud, dating abuse, and more)

**Contact:** [Askovc@ncjrs.gov](mailto:Askovc@ncjrs.gov), 1-800-851-3420 or 202-836-6998

See <https://ovc.ojp.gov/help-for-victims/toll-free-and-online-hotlines> for a list of hotlines related to various issues

**Name:** One Fair Wage Emergency Fund

**Website:** <https://ofwemergencyfund.org/>

**About:** Provides financial assistance to service workers impacted by COVID-19

**Contact:** [Info@onefairwage.org](mailto:Info@onefairwage.org)

**Name:** United States Bartenders' Guild National Charity Foundation

**Website:** <https://www.usbgfoundation.org/>

**About:** Provides financial assistance to bartenders and related professions

**Contact:** 855-655-8724

**Name:** White Mountain Catholic Charities

**Website:** <https://www.facebook.com/WhiteMountainCatholicCharities/>

**About:** Religious organization providing food and clothing to individuals in need in Pinetop, AZ

**Contact:** (928) 367-2244

## **FOOD INSECURITY**

**Name:** NPC Food Box Distribution

**Website:** <https://azfoodbanks.org/get-food/>

**About:** NPC has partnered with AZ Food Banks to distribute food boxes at our Holbrook and Winslow Campus. Winslow food boxes are distributed the second Wednesday of every month from 1pm-3pm. Holbrook food boxes are distributed the third Wednesday of every month from 1pm-3pm. Boxes are first come, first serve.

**Contact:** Toll Free: 1-800-266-7845

## **LGBTQ+ SUPPORT**

**Name:** LGBT National Help Center

**Website:** <https://www.lgbthotline.org/>

**About:** Nonprofit organization that provides free, confidential support and information for LGBTQ+ individuals.

**Contact:** 1-888-843-4564 (all ages)

1-800-246-7743 (for ages 25 and under)

1-888-234-7243 (for ages 50 and older)

Online peer support chat: <https://www.lgbthotline.org/chat> \_

**Name:** Southwest Center for HIV/AIDS

**Website:** <https://www.swcenter.org/>

**About:** Medical and support center in Phoenix specializing in providing care to LGBTQ+ individuals. Provides medical, counseling, and mental health services, community programs, free condom delivery in Arizona (through <https://www.nicepackage.org/>), and other services.

**Contact:** <https://www.swcenter.org/contact-us>, 602-307-5330

**Name:** The Trevor Project

**Website:** <https://www.thetrevorproject.org/>

**About:** Nonprofit organization specializing in suicide prevention and crisis intervention for LGBTQ+ youth (under 25). Provides free, confidential, 24/7 information and support.

**Contact:** 1-866-488-7386

Text START to 678-678

**Online chat:** <https://www.thetrevorproject.org/get-help-now/>

**Name:** Trans Lifeline

**Website:** <https://translifeline.org>

**About:** Nonprofit organization run by and for trans people. Provides information, peer support, and help to trans people in crisis.

**Contact:** 1-877-565-8860

## **MENTAL HEALTH ISSUES**

**Name:** The Alliance for Eating Disorders Awareness

**Website:** <https://www.allianceforeatingdisorders.com>

**About:** Nonprofit organization that provides information about eating disorders and help finding treatment

**Contact:** [info@allianceforeatingdisorders.com](mailto:info@allianceforeatingdisorders.com), 1-866-662-1235

**Name:** Apache Behavioral Health Services

**Website:** <https://www.wmabhs.org/>

**About:** Local organization that provides education, mental health, and family services at low or reduced costs to members of the White Mountain Apache Tribe and residents of Fort Apache Reservation. Clinics located in Whiteriver, Cibecue, and McNary.

**Contact:** 24/7 (928) 338-4811

**Name:** Change Point Integrated Health

**Website:** <https://www.mychangepoint.org/>

**About:** Local organization that provides counseling, medical, housing, and other services.

**Contact:**

Crisis Stabilization Unit: (928) 587-3435

Holbrook Primary Care/Outpatient clinic: (928) 524-6126

Lakeside Inpatient Facility: (928) 368-4110

Show Low Outpatient Clinic: (928) 537-2951

Show Low Primary Care Clinic: (928) 532-5838

Snowflake Primary Care/Outpatient Clinic: (928) 536-6869

Winslow Outpatient Clinic: (928) 289-4658

**Name:** Child Mind Institute

**Website:** <https://childmind.org/>

**About:** Nonprofit organization which provides information about children's mental health and development, as well as guides for parents

**Contact:** 212-308-3118

**Name:** Church of Jesus Christ of Latter-Day Saints - Family Services

**Website:** <https://providentliving.churchofjesuschrist.org/lds-family-services>

**About:** Religious organization that provides counseling, support groups, and family services for Church members.

**Contact:** (928) 536-4117

**Name:** Crisis Text Line

**Website:** <https://www.crisistextline.org/>

**About:** Nonprofit organization that provides free, confidential, 24/7 emotional support via text chat with trained crisis counselors. Counselors provide advice, support, and referrals if necessary.

**Contact:** Text HOME to 741741



**Name:** Disaster Distress Helpline

**Website:** <https://www.samhsa.gov/find-help/disaster-distress-helpline>

**About:** National, 24/7 hotline provided by SAMHSA to offer crisis counseling and information about finding help for individuals who have experienced a natural or human-caused disaster.

Includes help for those who have been affected by the COVID pandemic.

**Contact:** 1-800-985-5990 (call or text)

**Name:** Indian Health Service

**Website:** <https://www.ihs.gov/>

**About:** Government agency that provides information about health services (including mental health) for American Indians and Alaska Natives

To find local health services: <https://www.ihs.gov/findhealthcare/>

**Contact:** <https://www.ihs.gov/contactus/>

**Name:** The Jed Foundation

**Website:** <https://www.jedfoundation.org/>

**About:** Nonprofit organization which provides information about mental health in teens and young adults

**Contact:** See website for details

**Name:** Little Colorado Behavioral Health Centers

**Website:** <http://www.lcbhc.org/>

**About:** Local organization that provides counseling and substance abuse treatment in Springerville and St. Johns

**Contact:**

(928) 333-2683 (Springerville)

(928) 337-4301 (St. Johns)

**Name:** Mental Health America

**Website:** <https://www.mhanational.org/>

**About:** Nonprofit organization which provides information about mental health issues as well as self-help advice and tools, such as screening tests for mental illness.

**Contact:** See website for details

**Name:** National Alliance on Mental Illness

**Website:** <https://www.nami.org/home>

**About:** Nonprofit organization which provides information about mental illness and help finding support.

**Contact:** <https://www.nami.org/Contact-Us>, 1-800-950-NAMI (6264)

Text HelpLine to 62640

**Name:** National Eating Disorders Association

**Website:** <https://www.nationaleatingdisorders.org/>

**About:** Nonprofit organization that provides information about eating disorders and help finding treatment

**Contact:** [info@nationaleatingdisorders.org](mailto:info@nationaleatingdisorders.org), 212-575-6200

**Name:** National Suicide Prevention Lifeline

**Website:** <https://suicidepreventionlifeline.org/>

**About:** Suicide prevention network that provides free, confidential, 24/7 emotional support for individuals who feel significant distress. (Callers do *not* need to be suicidal to receive help.)

**Contact:** <https://988lifeline.org/contact-the-lifeline/>, Call: 988

Online chat: <https://suicidepreventionlifeline.org/chat/>

Explanation / what to expect: <https://screening.mhanational.org/content/what-happens-if-i-call-suicide-prevention-lifeline>

**Name:** North Country HealthCare

**Website:** <https://northcountryhealthcare.org/>

**About:** Local organization that provides health services (including mental health) across Northern Arizona

**Contact:** See <https://northcountryhealthcare.org/find-a-location/> to find a local facility

**Name:** Northland Therapy Services

**Website:** <https://northlandtherapy.com/>

**About:** Local organization that provides counseling, disability, and child developmental services in Show Low area.

**Contact:** (928) 532-1532

**Name:** NPC META Student Teletherapy

**Website:** <https://www.npc.edu/meta-student-teletherapy>

**About:** Online / teletherapy counseling service. Use the smartphone app META Student Wellness to search for providers, schedule appointments, and attend therapy sessions by chat, video, or voice call. NPC is covering the cost of sessions for a limited number of students (on first-come, first-served basis).

**Contact:** 833-844-META (6382)

**Name:** One Mind PsyberGuide

**Website:** <https://onemindpsyberguide.org/>

**About:** Nonprofit program which provides information about and reviews of apps for mental health.

**Contact:** [info@psyberguide.org](mailto:info@psyberguide.org), 949-824-3850

**Name:** Psychology Today Directory

**Website:** <https://www.psychologytoday.com/us/therapists>

**About:** Directory that contains detailed listings for local therapists, psychiatrists, support groups, and treatment centers. Includes information about type of therapy practiced, issues treated, provider background, prices and insurance acceptance, and more.

**Contact:** See website for details

**Name:** Red Cross Virtual Family Assistance Center

**Website:** <https://www.redcross.org/virtual-family-assistance-center.html>

**About:** Service created by the Red Cross (a national nonprofit organization) to support families during the COVID pandemic. Includes toll-free numbers to call for help, information about physical and mental health services, psychological first aid online courses (free with registration code), and more.

**Contact:** 833-492-0094

**Name:** Solari Crisis Response Network

**Website:** <https://crisis.solari-inc.org/>

**About:** Nonprofit service based in Arizona which provides help with crisis situations and mental health or substance use problems, including free, confidential, 24/7 hotlines and dispatch services / help with transportation.

**Contact:**

1-844-534-HOPE (4673) (Arizona Statewide)

1-800-327-9254 (Arizona TTY)

602-347-1100 (24/7 warm line to talk with peer support specialist)

**Name:** Substance Abuse and Mental Health Services Administration

**Website:** <https://www.samhsa.gov/>

**About:** Government agency that provides information about / help finding resources for substance abuse and mental health issues, as well as a free, 24/7 hotline.

**Contact:** 1-800-662-HELP (4357) (for treatment referrals and information)

To find local providers: <https://findtreatment.samhsa.gov/locator>

**Name:** Teen Lifeline

**Website:** <https://teenlifeline.org/>

**About:** Nonprofit organization which provides information about teen mental health and a free, 24/7 hotline with trained counselors

**Contact:** 602-248-TEEN (8336), [Media@teenlifeline.org](mailto:Media@teenlifeline.org)

**Name:** White Mountain Counseling

**Website:** <http://www.whitemountaincounseling.org/home.html>

**About:** Local nonprofit that provides counseling services in Show Low.

**Contact:** (928) 532-3238

## **PARENTING SUPPORT**

**Name:** Arizona Child Care Resource and Referral

**Website:** <https://www.azccrr.com/>

**About:** Provides information about child care and financial assistance for children

**Contact:** 1-800-308-9000

**Name:** Arizona Department of Child Safety

**Website:** <https://dcs.az.gov>

**About:** State agency that provides information about parenting, family services, fostering, adoption, etc.

**Contact:**

For issues or concerns with a DCS case: 1-877-527-0765

For interest in fostering or adoption: 877-KIDS-NEED-U (1-877-543-7633)

Help for current foster parents and kinship caregivers: call 1-877-543-7633 and select option 3

**Name:** Head Start

**Website:** <https://headstartprograms.org/>

**About:** Free federal program that provides educational, social, and medical support to children (up to age 5) from low income families

**Contact:** See [https://headstartprograms.org/arizona\\_head\\_start.html](https://headstartprograms.org/arizona_head_start.html) for a list of local Head Start centers

**Name:** Living Hope Centers

**Website:** <https://livinghopecenters.org/>

**About:** Nonprofit religious organization providing free pregnancy testing, classes on parenting and other topics, and help with housing pregnant women in need

**Contact:** See <https://livinghopecenters.org/contact> for local contact information (in Show Low, Springerville, & Whiteriver)

**Name:** National Parent Helpline

**Website:** <https://www.nationalparenthelpline.org/>

**About:** Provides free, confidential emotional support and guidance to parents and other caregivers

**Contact:** 1-855-4A PARENT (1-855-427-2736)

## **SENIOR SUPPORT**

**Name:** Alzheimer's Association

**Website:** <https://www.alz.org/>

**About:** Provides information and resources for Alzheimer's disease and other dementia

**Contact:** 1-800-272-3900 (Helpline)

**Name:** Arizona Attorney General Resources for Seniors

**Website:** <https://www.azag.gov/seniors/resources-for-seniors>

**About:** Government department which provides information about care facilities, legal services, government programs, and more for seniors

**Contact:** [Communityservices@azag.gov](mailto:Communityservices@azag.gov), 602-542-2123 or 1-800-352-8431 (outside Phoenix and Tucson)

**Name:** Arizona Commodity Senior Food Program

**Website:** <https://des.az.gov/services/basic-needs/food-assistance/az-commodity-senior-food-program>

**About:** Government program providing food assistance for adults aged 60+

**Contact:** 1-855-432-7587 (Arizona Department of Economic Security)

**Name:** AARP Foundation

**Website:** <https://www.aarp.org/aarp-foundation/>

**About:** Nonprofit charity which helps seniors (50+) with food, housing, medical care, and other issues

**Contact:** 1-800-775-6776

**Name:** Northern Arizona Council of Governments Area Agency on Aging

**Website:** <https://nacog.org/aaa/>

**About:** Provides help for seniors (60+) and their caregivers with attendant care, food, utility bills, Medicare, and more

**Contact:** 1-877-521-3500

**Name:** Seniors Matter

**Website:** [www.seniorsmatter.com](http://www.seniorsmatter.com)

**About:** Similar to AARP, provides resources, posts, and information related to older adults.

**Contact:** See website for details.

## **VETERAN SUPPORT**

**Name:** US Department of Veteran Affairs

**Website:** <https://www.va.gov/>

**About:** Provides a lot of helpful information concerning education, healthcare, employment, housing, and other benefit services to veterans. Through this website you can access and manage your benefits and health care.

**Contact:** 1-800-698-2411

**Name:** Veterans Crisis Line

**Website:** <https://www.veteranscrisisline.net/>

**About:** The Veteran Crisis hotline serves Veterans, their families and their friends and helps you recognize signs of a crisis so that you can reach out for support or help someone get the support they need. They provide free, confidential, 24/7 emotional support via phone or chat with trained crisis counselors.

**Contact:** Call 988 and press 1 at prompt,

Text chat: text 838255

Online chat: <https://www.veteranscrisisline.net/get-help/chat>

**Name:** Make the Connection

**Website:** <https://www.maketheconnection.net/>

**About:** Provides an array of information about common issues faced by veterans, such as a death in the family to retirement and aging. Watch, read or listen to veterans share their stories and learn of ways to show your support to other veterans in need.

**Contact:** <https://www.maketheconnection.net/resources/> (for help finding local resources)

**Name:** NPC Veteran Services

**Website:** <https://www.npc.edu/veteran-services>

**About:** Learn about veteran benefits NPC students can receive while taking classes and earning a degree. You will find support and information for NPC students who are veterans and their dependents.

**Contact:** (928) 524-7469

**Name:** VetJobs

**Website:** <https://www.vetjobs.org>

**About:** Organization that helps current and former members of the military find jobs and receive employment training

**Contact:** [askus@vetjobs.org](mailto:askus@vetjobs.org), 877-696-7226

**Name:** Hopi Veterans Services

**Website:** <https://www.hopi-nsn.gov/tribal-services/hopi-veterans-services/>

**About:** Tribal agency provides assistance to Hopi & Tewa current and former military members and their families for healthcare and benefits. They are dedicated to helping their veterans improve their health and their quality of life.

**Contact:** (928) 734-3461