

| Class | Course Number | Cost | Date(s) | Location | Day | Time | Instructor | Class Description & Special Instructions |
|--|------------------|-------|-----------------|----------|-----|---------------|-------------------|---|
| Arts-ART | | | | | | | | |
| Clay Art (8 week) | ART099X - 02 | \$110 | Mar.21-May 9 | WMC | T | 9am -1pm | Sweeney | Beginning students learn the basic knowledge to form and finish ceramic ware while advanced students are provided a relaxed studio environment to advance, innovate, and expand their techniques. <i>Students need to bring a basic clay tool kit. (ages 12 & up)</i> |
| Gourd Art | ART099X - 04 | \$20^ | Apr.6-Apr.13 | WMC | R | 5:30pm-7:30pm | Wolfe | Learn the tips and techniques to the art of carving gourds. Develop skills that will enable you to create advanced designs. <i>Students will need to pay an additional \$10 to the instructor for a gourd as well as bring their own wood burning tools, rubber gloves, paint, brushes and oil pencils, if available.</i> |
| How to paint in watercolors | CANCELLED | | Mar. 28-Apr.20 | WMC | T,R | 10am-11:30am | Andrews | Learn to "paint what you see." Understand how to mix colors, learn techniques in painting, how to take pictures with a camera, and how to work with outdoor subjects. <i>Must be 18 or older. Bring watercolor paper, watercolors w/pallet, brush assortment</i> |
| Dance-HPE | | | | | | | | |
| Traditional Egyptian American Belly Dance | HPE099X- | \$40 | Apr.3-May 1 | WMC | M | 7pm-8pm | Venancio | Singles and couples learn basic belly dance moves, arms, hips, and torso. Classic posture and egyptian poise used, with proper techniques instilled. <i>Students should wear loose clothing.</i> |
| Health and Physical Fitness-HPE | | | | | | | | |
| Intro to Ashtanga Yoga | CANCELLED | | Mar. 21-May 11 | WMC | T,R | 6am-7:30pm | Fellows | Learn traditional Ashtanga Yoga with careful emphasis on the traditional Vinyasa method. Experience the integrity and purity of the Ashtanga Yoga practice and be prepared to sweat. <i>Students should bring their own Yoga mat.</i> |
| Beginning Yoga (College Credit) | HPE101B-04 | \$70 | Mar. 21-May 11 | PDC | T,R | 5:30pm-7:30pm | Schmidt | Introduction to basic yoga poses, breathing techniques, principles of relaxation and body awareness designed to increase flexibility and strength to create better concentration and promote feelings of relaxation. Discussion of yoga philosophy will be interwoven with physical practice. <i>Students should bring a yoga "sticky" mat and a firm blanket.</i> |
| Intermediate Yoga (College Credit) | HPE101C-04 | \$70 | Mar. 21-May 11 | PDC | T,R | 5:30pm-7:30pm | Schmidt | This class will build upon skills learned in beginning yoga, refining postures, breathing and meditation. Pranayama techniques and intermediate level Asanas will be introduced. Discussion of yoga philosophy will be interwoven with physical practice. <i>Students should bring a yoga "sticky" mat and a firm blanket.</i> |
| Crafts & Gardening- HCT & AGR | | | | | | | | |
| Balancing your Checkbook | CANCELLED | | Mar. 30 | WMC | R | 6pm-8pm | Stockton | <i>In an age where calendars are computerized, photos are files, and documents are downloaded, the humble checking account register is often ignored. But, if you'll take a few minutes to balance your checking account, you'll stay on top of your budget and avoid bounced checks and overdraft fees. Come learn quick tips and tricks to do this with ease. Students need to bring a check ledger or notebook and pen.</i> |
| Granny Teaches Sewing | CANCELLED | | Mar. 23-Mar. 30 | WMC | R | 4pm-6pm | Stockton | Come learn the basics of sewing with a skilled and knowledgeable teacher! All skill sets welcome, and you'll learn the basics as well as how to get started sewing to be able to create simple items in only 2- 2 hour sessions! <i>Students need to bring any sewing kit and supplies you would like to learn with.</i> |
| Rain Water Harvesting | AGR099X-40 | \$45 | Apr.1 | SCC | S | 9am-5pm | J. Costion | Collect and store rain water for use in your residence. Calculate and size the rain water catchment system according to local rainfall, size of roof collection area and storage tank size is covered along with components such as filtration and purification mechanisms and pumps. <i>Discover the benefits of drinking distilled rain water!</i> |
| World of Gourmet Greens | AGR099X-42 | \$32^ | Mar.24-Mar.25 | SCC | F | 6pm-8pm | K. Howell-Costion | Grow and prepare a variety of lettuces, Asian and wild edible greens. Explore the diverse cultural use of lettuce and greens, varieties for each season, seed savings, growing, transplanting, seasonal care, harvesting and creative recipes. <i>There is an additional \$10 fee payable to the instructor for supplies. Friday class will be at NPC and Saturday class will be held at Kim's garden, located 10 miles east of Snowflake.</i> |
| World of Onions | AGR099X-43 | \$32^ | Apr.21- Apr.22 | SCC | F | 6pm-8pm | K. Howell-Costion | Topics include various members of the onion family – bulbing onions, chives, shallots, etc.; also soil preparation, starting seeds indoors or out, seasonal care, harvesting and curing for storage, seed saving, cuisine tips for roasting and other methods of using onion. <i>There is an additional \$10 fee payable to the instructor for supplies. Friday class will be at NPC and Saturday class will be held at Kim's garden, located 10 miles east of Snowflake.</i> |
| World of Garlic | AGR099X- | \$32^ | Jun.16-Jun.17 | SCC | F | 6pm-8pm | K. Howell-Costion | Explore "The World of Garlic" from garden to pantry to garlic cuisine. Seasonal care, harvesting tips, saving seed, storing and preserving methods, and garlic braids. Taste and experience some quick and easy gourmet uses of garlic. <i>There is an additional \$10 fee payable to the instructor for supplies. Friday class will be at NPC and Saturday class will be held at Kim's garden, located 10 miles east of Snowflake.</i> |
| Music-MUS | | | | | | | | |
| Instant Piano for Busy People | CANCELLED | | Mar.4 | SCC | S | 9am-12pm | Coffman | In just a few hours, you can learn enough secrets of playing the piano to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session! <i>There is a required, additional \$29 fee payable to the instructor for the workbook and practice DVD. (must be 18 years or older)</i> |
| How to Play Piano by Ear | CANCELLED | | Mar.4 | SCC | S | 1pm-3:30pm | Coffman | Learn how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings and transposing – all expressed in everyday language. Prior experience with the basic understanding of chords is recommended. <i>There is a required, additional \$29 fee payable to the instructor for the workbook and practice DVD. (must be 18 years or older)</i> |
| Instant Guitar for Busy Adults & Teens | CANCELLED | | Mar.4 | SCC | S | 3:45pm-6:15pm | Coffman | Can't find the time to learn the guitar? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. <i>Bring your acoustic guitar. There is a required, additional \$29 fee payable to the instructor for the workbook and practice DVD. (must be 13 years or older)</i> |
| Beginning Guitar | CANCELLED | | Mar.22- May10 | WMC | W | 6pm-8pm | Lynn | Students will get hands-on training for playing guitar, understanding chords, picking in 4/4 and 3/4 time, melody and other musical principles. The class will emphasize basic chords, open and barred, for enabling the student to quickly start playing. No previous musical theory or skills required. <i>There is a required music book that student must purchase (\$15) prior to class. Required book: Guitar Method, Book 1, Progressive Series, ISBN: 0-959540-48-2</i> |
| Basic Music & Guitar | CANCELLED | | Mar.20- Apr. 19 | WMC | M,W | 4pm-5:30pm | Kemp | Learn the music skills needed to play chords, identify notes, read sheet music, keep the rhythm and harmonize with others while singing into a microphone. <i>Students age 6-16 years old welcome!</i> |
| Basic Music & Guitar (Extended) | CANCELLED | | Mar.20- May10 | WMC | M,W | 4pm-5:30pm | Kemp | Learn the music skills needed to play chords, identify notes, read sheet music, keep the rhythm and harmonize with others while singing into a microphone. <i>Students age 6-16 years old welcome! This extended class offers new acoustic guitar, or one in excellent condition, for each student to use during the duration of class. A \$35 refundable deposit needed payable to instructor, plus a \$1.00/ month charge for use.</i> |

| Personal Development-STC & HPE | | | | | | | | | |
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| iPad/Tablet Basics | STC099X-53 | \$20 | Mar. 30 | WMC | R | 6pm-7pm | Petrancosta | Have some questions on how to use technology? This course will show you how to: navigate, operate and use common terminology with an iPad or tablet. Students by the end of this course will be able to understand frequently used functions & download/use/arrange/delete apps. <i>Students need to bring own device & notebook for notes.</i> | |
| | STC099X-54 | \$20 | May. 11 | WMC | R | 6pm-7pm | | | |
| Intermediate Critiquing & Getting Published | CANCELLED | | Mar.23-Apr.13 | WMC | R | 2pm-4pm | Winskye | You've started writing a book- or maybe even finished the first draft. How do you take it from there to publication? This course is for the writer who has started or finished a manuscript. Classes will include feedback from other writers and stress revision. Publication topics will include e-publishing and self-publishing, with a comparison between traditional publishing and self-publishing. | |
| Basic NRA Pistol Class for Concealed Weapons Permit | STC099X-40 | \$75 | Apr.1 | SCC | S | 8am-2pm | Harris | Successful completion of this course will qualify the student to apply for a permit to carry a concealed weapon. The NPC instructor will provide fingerprinting. <i>Students must be at least 21 years old. Students should bring their unbadged guns and ammunition but leave them secured in their vehicles.</i> | |
| | STC099X-57 | \$75 | May.6 | WMC | S | 8am-2pm | | | |
| | STC099X-35 | \$75 | Mar.3 | PDC | S | 8am-2pm | | | |
| Self-Defense for Women | STC099X-50 | \$20 | Mar.30 | WMC | R | 4pm-7pm | Krieser | Students will learn the principles of self-defense, color code of awareness, survival stress management, basic strikes, posture, lecture, demonstration, and physical participation. | |
| Hands on Self-Defense | CANCELLED | | Mar.23-Apr.28 | SCC | R,F | 6pm-8pm | Marshall | Want to learn the secrets of self-defense? Students in this class will learn to be fluid when defending themselves by being taught hand, stick and ground defense techniques. <i>(must be 17 years or older)</i> | |
| Cooking Series-HCT | | | | | | | | | |
| Couples Club: American Cuisine | HCT099X-40 | \$25^ | May. 12 | SCC | F | 6pm-7:30pm | Telford | Bring your spouse, friend or significant other to learn new recipes, cooking techniques and skills in a fun, light-hearted social setting. <i>There is an additional \$10 fee per couple, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.</i> | |
| Couples Club: Australian Rissoles | HCT099X-41 | \$25^ | Apr.7 | SCC | F | 6pm-7:30pm | | | |
| Couples Club: French Food | CANCELLED | | Mar.10 | SCC | F | 6pm-7:30pm | Telford | Learn new recipes, techniques and skills while having fun in a social setting with other ladies. Get great ideas for hosting luncheons and other parties. <i>There is an additional \$6 fee, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.</i> | |
| Ladies Who Lunch: It's a Wrap | HCT099X-39 | \$30^ | Apr.4 | SCC | T | 11:30am-1pm | | | |
| Ladies Who Lunch: Nibbles Nosh | HCT099X-38 | \$30^ | May. 2 | SCC | T | 11:30am-1pm | | | |
| Ladies Who Lunch: A Panini Party | HCT099X-44 | \$30^ | Mar.7 | SCC | T | 11:30am-1pm | | | |
| Mom's Make Ahead: Enchilada Suizza | HCT099X-35 | \$30^ | Mar.28 | SCC | T | 11:30am-1pm | Telford | Get together with other moms and dads and learn new recipes, while preparing a meal that you can take home for the family that night or freeze for later. <i>There is an additional \$12 fee, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.</i> | |
| Mom's Make Ahead: Cheeseburger Casserole | HCT099X-36 | \$30^ | Apr.25 | SCC | T | 11:30am-1pm | Telford | New to cooking or looking for a fast and easy main dish for busy nights? Then this class is for you. <i>There is an additional \$10 fee, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.</i> | |
| Simplified Suppers: International Incident | HCT099X-31 | \$30^ | Apr. 19 | SCC | W | 6pm-7:30pm | Telford | New to cooking or looking for a fast and easy main dish for busy nights? Then this class is for you. <i>There is an additional \$10 fee, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.</i> | |