

Updated: 5/16/18

# Summer 2018- Lifelong Learning Schedule

Class	Course Number	Cost	Date(s)	Location	Day	Time	Instructor	Class Description & Special Instructions
<b>Arts-ART</b>								
Clay Art	ART099X-01	\$220	Jun. 4 - Jul. 12	WMC	M,T,W,R	9am -1pm	Sweeney	Beginning students learn the basic knowledge to form and finish ceramic ware while advanced students are provided a relaxed studio environment to advance, innovate, and expand their techniques. <i>Students need to bring a basic clay tool kit. (ages 12 &amp; up)</i>
Wire Art & Jewelry	ART099X-04	\$35^	Jun. 15-16	PDC	F	3:30-5:30pm	Karn	Create your very own wire art! We will make wire wrapped art, crystal wrapped pendants and so much more. Find the joy in these new fun art form. <i>Student will need to pay an additional \$5 supply fee to the instructor. Bring your favorite crystals or rocks, and pliers. All ages welcome!</i>
					S	10-12pm		
Creative Art Journaling	ART099X-02	\$35	Jun. 6-27	WMC	W	6-8:30pm	Marchant	Learn simple techniques to put images and beautiful text in your book/notebook of choice. Journaling can be done in a plain notebook, book, bible, planner, an old hymnal, even in a 3 ring binder with filler paper. Some of the techniques used will be painting with watercolors and acrylics and Gelatos, tracing images found in a book or online, coloring with colored pencil and enhancing the image with gamsol, rubber stamps, stickers, paper napkin decoupage, using stencils to create backgrounds and faux calligraphy lettering. You don't need to be an artist. So much of this can be traced and then enhanced! It's really fun! Supplies will be provided, <i>students will just need to bring a notebook or other material to journal in.</i>
	ART099X-03	\$35	Jun. 16	PDC	S	9-1pm		
<b>Dance-HPE</b>								
Swing Dance Workshop	HPE099X-04	\$15	12-Jun	SCC	T	7-9pm	Venancio	Learn your basic 50's swing steps for couples or singles. Students will be learning basic foot work steps, twirls, place exchanges, tucks, and passing moves for swing. You're in for a fun and exciting time as you swing to the beat of the music. <i>Students should wear leather or soft sole shoes. Class will be held at Katherine's Dance studio at 83 S. Main St. in Snowflake.</i>
Salsa, Salsa Workshop!	HPE099X-03	\$30	24-Jul	SCC	T	7-9pm		Come make salsa then learn to dance the basic salsa in one fun night! Class will start with preparing a salsa dish. Then students will learn basic step, leadings and followings with latin music. All skill levels welcome! <i>Students should wear leather or soft sole shoes. Class will be held at Katherine's Dance studio at 83 S. Main St. in Snowflake.</i>
Western Line Dance Workshop	HPE099X-02	\$15	16-Jul	PDC	M	7-9pm		Experience a night full of old and new styles of line dances. Students will learn steps to western line dances such as Black velvet, and Kick the dust up! Leave class feeling confident in your moves on the dance floor! <i>Students should wear leather or soft sole shoes. All levels welcome!</i>
Gypsy Belly Dance Fun Workshop	HPE099X-01	\$15	26-Jun	WMC	T	6-8pm		Calling all ladies come have a fun night filled of culture and dancing. Students will learn basic Belly Dance moves! Leave knowing how to dance a routine filled with arm and hip movements. This class will increase your flexibility, posture, and exercises. <i>Students should wear loose and comfortable clothing</i>
"New" Interpretive Modern Hula	HPE099X-06	\$45	Jun. 4- Jul. 26	SCC	T,R	6:30-7:30pm	Cox	Have you ever wanted to learn the art of Hula dance and culture? Students will learn various movements, styles, and hula dances. The instructor will also be teaching students about the Hawaiian language throughout the class. Don't miss this amazing opportunity! <i>Students should wear comfortable clothing and bring water. Ages 15 and older welcome!</i>

Health and Physical Fitness-HPE								
Beginning Yoga (College Credit)	HPE101B-01	\$36	Jun. 5 - Jul. 26	PDC	T,R	5:30pm-7:30pm	Schmidt	Introduction to basic yoga poses, breathing techniques, principles of relaxation and body awareness designed to increase flexibility and strength to create better concentration and promote feelings of relaxation. Discussion of yoga philosophy will be interwoven with physical practice. <i>Students should bring a yoga "sticky" mat and a firm blanket. No class on Saturday July 21</i>
	HPE101B-02	\$36	Jun. 5 - Jul. 28	LCC	M	6pm-8pm		
Intermediate Yoga (College Credit)	HPE101C-01	\$36	Jun. 5 - Jul. 26	PDC	T,R	5:30pm-7:30pm		
	HPE101C-02	\$36	Jun. 5 - Jul. 28	LCC	M	6pm-8pm		
"New" Self-Defense Kickboxing	HPE099X-05	\$50	June 2-16	SPE	S	10-11am	Accardo	Kickboxing is a group class that combines martial arts techniques with cardio. Taught by Master Accardo, a sixth-degree black belt with over 40 years' experience. Students will learn all basic kicking and punching techniques, learn how to generate power. Students will be working on stretching and physical conditioning. Learn to defend yourself while gaining an amazing workout. All levels welcome!
Cooking & Crafts- HCT								
Cupcake Decorating	HCT099X-01	\$25^	22-Jun	SCC	F	5-7pm	L. Telford	Have you ever wanted to make amazing cupcake decorations and master a tasty frosting. Here your chance! Learn to create a tasty whip moose frosting and chocolate buttercream. Students will gain hands-on experience and techniques that can be used for everyday baking. You will walk away with recipes and master skills in the kitchen! There is an additional \$5 fee per person, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.
Summer Salad Creations	HCT099X-02	\$25^	27-Jul	SCC	F	5-7pm		With summer being so hot, what sounds better than a nice summer salad. Learn some fun summer salad recipes that you will enjoy sharing with friends and family. There is an additional \$5 fee per person, payable to instructor for supplies and food. Email the instructor (Lorena@lorenaskitchen.com) for a list of supplies needed for each class.
Music-MUS								
Chord for Key: Instant Piano	MUS099X-02	\$30^	Jun. 19	SCC	T	6:30-9pm	Coffman	In just a few hours, you can learn enough secrets of playing the piano to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session! <i>There is a required, additional \$29 fee payable to the instructor for the workbook and online audio. (ages 18 and up)</i>
Chords are Key: Instant Guitar	MUS099X-01	\$30^	Jun. 20	SCC	W	6:30-9pm		Can't find the time to learn the guitar? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. <i>There is a required, additional \$29 fee payable to the instructor for the workbook and online audio. (ages 13 and up)</i>
Basic Music & Guitar	MUS099X-03	100^	Jun.4-July 26	WMC	M,R	4-5:30pm	Kemp	Learn music skills to play cords, identify notes, read sheet music, harmonize vocally, and instrumentally with others. Learn to sing into a microphone while playing the rhythm for song being sung. <i>Students of all ages welcome! The instructor offers an optional, almost new, acoustic guitar rental for a \$35 fee payable to instructor at time of class. (fee may also be applied to purchase of guitar). For more information call (602) 295-9977.</i>

Personal Development-STC								
Seeing your Book in Print Workshop!	STC099X-17	\$35	18-Jul	WMC	W	12-4pm	Winskye	Students will be taken through the process of opening a Createspace account & starting a publishing project. Discussion will also include Revision: the key to a professional product and Cover Design. <i>Bring a laptop which you can connect to the internet during the workshop.</i>
"Updated" I Hate my Computer!	STC099X-26	\$45	June25-28	PDC	M,T,W,R	8-11:30am	Lambson	This class will help you not be scared of computer! Students will be taken through real world computer issues like email, scanning, printing, browsers and even smart phones. We will help you with questions about your computer at home. Are you just wanting to figure out how to skype your grandkids, or protect your identity. This is the class for you!
	STC099X-27	\$45	June25-28	PDC	M,T,W,R	1-4:30pm		
Intro to Stone Cutting, Stabilizing and Polishing	STC099X-25	\$25	16-Jun	SCC	S	8am-12pm	Jacobs	Explore the world of rock lapidary at this one day workshop! Students will learn the skills of Lapidary including but not limited to stone cutting, stone stabilizing, and stone polishing. <i>Students should bring note taking materials.</i>
Intro to Rock Tumbling	STC099X-24	\$25	14-Jul	SCC	S	9-11am		Experience the world of rock tumbling in this one day workshop! Students of all ages will learn to care and identify stones to be tumbled together. Watch as the tumbling process, smooths stones down to a beautiful transformation. <i>Students should bring note taking materials. All ages welcome!</i>
Intro to Cabochon Cutting	STC099X-23	\$25	22-Jun	WMC	F	12-4pm		Students will receive a intro into Cabochon Cutting. Learn how to properly handle gem stone cutting materials and turn them into beautiful pieces of artwork or jewelry. Instructor will be demonstrating the process and helpful hints. <i>Students should bring note taking materials.</i>
	STC099X-22	\$25	20-Jul	WMC	F	12-4pm		